**Residence Meal Plan 2018 - 2019**

**Great Food Starts Here**

- **7 days**
  - 2 dining halls
  - Unlimited meals from Aug 27, 2018 until May 1, 2019

- **5 days**
  - 2 dining halls
  - Unlimited meals from Monday - Friday

- **Lister dining hall**
  - Unlimited meals from 7:00am - 11:00pm

- **Peter Lougheed dining hall**
  - Unlimited meals from 7:00am - 9:00pm

**Lunch on the go**

- Bagged lunch or hot lunch
- Available from Mon - Fri if you can’t go back to Lister or PLH

**Fair Trade Coffee**

- Unlimited coffee with your Dining Services reusable mug

**Guest Passes**

- 4 guest passes for your friends & family to join you for a meal

**Meal Plan Flex**

- $300 loaded at the beginning of the year

**Bagged Lunch from your dining hall**

- Pre-order a bagged lunch online for pick up from your dining hall in the morning

**Hot lunch in CAB**

- ZOCA - lower level
- Choice of 1 hot entree + 1 drink available from 11:00am-2:00pm

**4 locations**

- Lister & PLH dining halls, Engrained & Euromarket
- Bring your Dining Services reusable mug and enjoy free coffee at 4 locations on campus

**Additional access**

- Can be purchased at the following rates:

**Dining Locations**

- Panda Express | Starbucks | Engrained Euromarket | Second Cup | Smokes Poutine
- Tim Hortons | Zoca | Mr. Sub | Booster Juice
- Marina | CAB Urban Market | SUB food court

How it works

Unlimited access in Lister & Peter Lougheed Dining Halls
Tap your ONEcard at the entrance and help yourself to a variety of choices.
Come back as many times as you like throughout the day.

Can’t make it back to Lister or PLH for lunch?
Pre-order a bagged lunch OR visit Zoca (CAB lower level) for a hot entree.
Bagged lunches from your dining hall must be pre-ordered for pick up in the morning.
The CAB hot lunch entree will be available in Zoca Monday - Friday from 11:00am - 2:00pm.

Meal Plan Perks
Use your Dining Services reusable mug and enjoy unlimited FREE coffee at 4 locations on campus:
Engrained, Euromarket, Lister Dining Hall & Peter Lougheed Dining Hall.

Guest Passes
You will receive 4 guest passes for your friends and family to join you for a meal.
Additional access to the dining hall must be purchased at the door.

Meal Plan Flex
$300 will be loaded onto your ONEcard on August 27, 2018.
Unused funds are automatically carried over on your ONEcard.

Checking your balances and adding funds to your accounts
Check your meal plan flex balance online: onecard.ualberta.ca
If you are returning to live in residence, and have funds left over from a previous Meal Plan,
those funds will be available as part of your meal plan flex account in addition to the $300.

Out of meal plan flex?
Use ONEcard cash to pay for food, merchandise, laundry & more!
Visit the ONEcard office in HUB or go online to add funds to your ONEcard cash.

 PLH dining hall
7:00am - 9:00pm

Lister dining hall
7:00am - 11:00pm
Late Night:
9:00pm - 11:00pm

Meal Periods

Breakfast:
7:00am - 10:30pm

Lunch:
11:00am - 2:00pm

Dinner:
4:00pm - 9:00pm

*Snacks and beverages will be available between meal periods

Non-residents & students on a 5 day meal plan may purchase access to the dining halls at the following rates:

Lister dining hall

PLH dining hall

Guests